

Packing List for *Jump!* Challenge Camp 2023

CLOTHING (Modest please!)

- ___ Shorts enough for each day
- ___ 2 pairs of Bermuda shorts
- ___ Shirts enough for each day
- ___ Old shirt for Messy Olympics
- ___ 2 pairs of jeans
- ___ Hat
- ___ Raincoat with hat or hood
- ___ 1-2 sweatshirts/jackets
- ___ Underwear and socks
- ___ Pajamas
- ___ Bathing suits*
- ___ 2 nice outfits for Mass**
- ___ Light shrug, scarf, or sweater for Mass

***One-piece swimsuit (or tankini) that completely covers tummy**

****Tops and dresses should not be strapless or have spaghetti straps, unless combined with shrug, scarf, or sweater, especially in the chapel. Shorts, skirts, and dresses should be of modest length. Please pack accordingly.**

FOOTWEAR

- ___ Sneakers for playing sports
- ___ Water shoes
- ___ Shoes for hiking
- ___ Flip flops or sandals
- ___ Change of socks for each day

TOILETRIES

- ___ Soap, shampoo, hairbrush

- ___ Hair elastics, headbands
- ___ Toothbrush and toothpaste
- ___ Sunscreen and bug repellent

SUPPLIES

- ___ Masks for indoors
- ___ Pillow and sleeping bag
- ___ 2-3 towels (swimming/bathing) and washcloths
- ___ Laundry bag

EXTRAS

- ___ Bible, rosary
- ___ Disposable camera and film
- ___ 1-2 bags of snacks to contribute for afternoon group snack

As we get closer to the camp date, campers will be given information about possible themed days and other activities scheduled for the week. Girls may want to bring specific clothes or costume items for those activities. Details will be forthcoming.
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The purpose of the Challenge Camp is for the girls to grow in their faith, enjoy the company of fellow-campers, gain an appreciation for the natural environment of the facility as much as possible, and to give the girls the opportunity for personal growth by communicating well with those at camp.

This summer's camp theme is *Connect*. With that in mind, we will encourage our girls to be fully present and strive to form authentic connections while at camp, without the distraction of phones and other devices. **We suggest leaving phones at home, since they will not be used during the week.** (Team leaders will use phones for practical purposes during daily camp activities.) In order to give parents a glimpse of some of the daily excitement at camp, we will send out a parent email each evening. We will share news of the girls' camp day, including photos that show a few of the day's highlights. Our goal is to provide the girls with a rich camp experience of authentic connection.

Your daughters are sure to have so many things to share with you when you pick them up at the end of what we think will be a great week for them! Girls can request to call home if there is a particular need, and if you need to reach your daughter, you can call our camp director, **Sallie Roth**, at (203)415-9649, **Lisa Leonard** at (845)224-5066, or call the camp office at (860)767-0848, and ask for **Peter Nygard**.

Campers arrive at 4:00 p.m. on Sunday, July 16. Camp ends around noon on Saturday, July 22.

Team leaders will arrive earlier on Sunday to set up and prepare for the arrival of the campers. Time TBD.